

# MIAMI COUNSELING & RESOURCE CENTER

## Informed Consent for Tele-therapy

Telepsychology is defined as the provision of psychological services using telecommunication technologies (e.g. telephone, mobile devices, videoconferencing, e-mail, chat, text, and Internet).

Telepsychology is a different experience from in-person sessions, e.g. lack of personal face-to-face sessions and the lack of audio/visual cues. Preferences for these services are assessed on an on-going basis and determined by appropriateness. This service is not recommended for clients experiencing a crisis or having suicidal/homicidal thoughts. If a life-threatening crisis occurs, you agree to contact a crisis hotline, 911, or to go to the nearest hospital ER.

Every effort will be made to protect client confidentiality by the use of encrypted software deemed suitable by MCRC. Videoconferencing or chat will be conducted using:

- VSee
- Zoom
- Other: \_\_\_\_\_

The client is responsible for protecting devices used, and the environment they are in, in the course of receiving tele-therapeutic services to ensure confidentiality.

Text messaging via mobile devices will be used for managing appointments and housekeeping issues only. Telephone sessions are only confidential from landline to landline.

If we schedule for an online chat, audio or videoconference and we are unable to connect or are disconnected during the session, attempts will be made to reconnect. If reconnection is not possible, the session can occur by regular voice phone call.

MCRC follows the laws and professional regulations of the state of Florida. Therapy will be considered to occur in the state of Florida with Florida residents only.

\_\_\_\_\_  
Patient's Signature

\_\_\_\_\_  
Patient's Signature

\_\_\_\_\_  
Parent/Guardian's Signature

\_\_\_\_\_  
Date



**Co-Directors:**

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