



MIAMI COUNSELING
& RESOURCE CENTER
SINCE 1977

Young Adult Empowerment Group



Meet & Greet: February 20, 2020 from 7– 8:30 pm
(refreshments & snacks will be served)

Start Date: March 5, 2020
Thursday evenings from 7-8:30pm
Fee: \$55 per person per group session
(register before the deadline for a discount – 02/28/20)

Location: Miami Counseling and Resource Center
111 Majorca Avenue, Coral Gables, FL 33134



Join us as we engage in meaningful dialogue regarding life transitions into young adulthood. We will explore topics such as boundaries in interpersonal relationships, challenges in the dating world, and the variety of complex roles we face in emerging adulthood.



Marie Alvarez, LMHC
macosta@miamicounseling.com

Nashmia Khan, RMFTI
nashmia@miamicounseling.com

Contact our front office to reserve your spot. (305) 448-8325, ext. 7