



finding The Gift Within

Educational Testing
& Counseling Center

Finding the Gift Within

Within each one of us is a gifted talent or unique aptitude that is waiting to be discovered. A look inward at one's potential can be a fruitful inquiry that can fuse passion with ability. While this process of discovery requires the matching of self-awareness with life experience, we provide a personal snapshot of strengths and intelligences that can assist in this goal.

Knowledge of your unique set of abilities - those that can be obstacles and those that can foster success - can help guide you in finding your own gift within, an essential ingredient for confidence and success...

In School, Career,
& In Life.

Educational Testing & Counseling Center

If you or your child is struggling with any of the following, you may benefit from an evaluation assessing the wide range of components that affect learning ability, achievement, performance potential, and overall psychological functioning.

- Language
- Reading
- Writing
- Math
- Timed Tests
- Poor Grades
- Work Production
- Motivation
- Attention
- Behavior
- Mood
- Social Skills

Whether the issues are your own or your child's...Whether the struggles are at school, at home, or at work ...Whether the concerns are recent or recurring...You likely want answers. For starters, what are the causes of these difficulties? And perhaps even more importantly, what choices do you have to improve the situation?

At the Educational Testing & Counseling Center we have answers and we can help.



Unique Solutions For Unique Challenges

For those who do not learn in the traditional way, the academic environment can be intimidating and a source of escalating anxiety. We help students and families navigate through this so that the special assistance they need is provided and a student's ambitions are maintained. To this end, we specialize in developing customized evaluations to address the following specific challenges:

Learning Disabilities

- Dyslexia - Reading
- Dysgraphia - Writing
- Dyscalculia - Math
- Developmental Delays

Academic Problems

- Study Skills
- Motivation
- Aptitude
- Test Anxiety

Attention Deficit Hyperactivity Disorder (ADHD or ADD)

- Focus
- Organization
- Time Management
- Impulsivity
- Distractibility
- Inconsistency

At the conclusion of an evaluation, we provide targeted solutions and advocate for educational accommodations that will optimize success:

- Extra time on tests (FCAT, SAT, GRE, LSAT, Board exams)
- Use of a word processor
- Use of a calculator
- Distraction-free room for testing
- Specialized Tutoring
- Academic Coaching
- Individual Counseling

A professional document details this strategy and is provided in the feedback session. We work hard to find you answers to your problems and at the same time to **preserve & enhance the self-esteem** that is so vital throughout life.

The Psychological Advantage

At times, it is uncertain as to why an individual is struggling with school, work, family, relationships, or other life endeavors. For children, there may sometimes be behavioral problems such as fighting, tantrums, defiance, or lying. This can be caused by social challenges, developmental delays, divorce, or even attention or learning problems. In adolescence or adulthood, it may appear more as depression, drug or alcohol abuse, irritability, or anger. To determine the cause of these difficulties, **comprehensive psychological testing** is used to evaluate the many possible areas that may be influencing the individual and to provide guidance and recommendations for treatment.

Accentuate the Positive

We also specialize in IQ or intelligence testing to identify children as **Gifted**, which is an exciting but also challenging process. Gifted children often need a different approach to scholastic enrichment and social development to help improve:

- Work Ethic
- Social Maturity
- Academic Excellence

Gifted Testing

Creating a stimulating environment to enhance their minds and foster a solid work ethic is an important process. While the testing results will determine gifted eligibility, other factors such as emotional maturity, placement timing, and parental tips for raising a gifted child are discussed.

From Academics to Career

The progression from school into the workforce is challenging. Finding the career path that fits is an essential component to being successful not only at work but in life. A career evaluation is a stimulating process of self-discovery that examines one's:

- Interests
- Aptitudes
- Personality
- Values

Career Assessment & Counseling

Potential career options are generated that are congruent with these factors and provide an avenue for investigation and discussion. Finding the "Gift Within" is our ultimate goal.

Trust Experience

Backed by nearly three decades of expertise, the professionals at the Educational Testing & Counseling Center help South Florida families successfully resolve their educational and vocational challenges. A division of the Miami Counseling & Resource Center and under the direction of industry veterans Susan Scholz-Rubin, Ph.D. and Paula Levine, Ph.D., the Educational Testing & Counseling Center provides children, adults, and families with a range of options to address their specific needs.

David Sandrow, Ph.D. is the Director of the Educational Testing & Counseling Center, specializing in educational, career, and psychological evaluations. As a licensed clinical psychologist, he works with children and adults who are experiencing performance problems in school, at work, or in life. He has had an extensive range of experience including working at Miami Children's Hospital, Florida International University, and University of Miami. He currently works in private practice at Miami Counseling & Resource Center, maintains medical staff privileges at Miami Children's Hospital, and is a member of The International Dyslexia Association.

Getting Started

To schedule an initial consultation to determine if an evaluation is appropriate, call our Coral Gables office at (305) 448-8325 or visit www.miamicounseling.com.

Miami Counseling & Resource Center
111 Majorca Ave, Suite B
Coral Gables, FL 33134

Send To:

Office: (305) 448-8325

Fax: (305) 448-0687

www.miamicounseling.com

dsandrow@miamicounseling.com